

# CANADA-UKRAINE FOUNDATION NEWSLETTER



CANADA-UKRAINE FOUNDATION  
FONDATION CANADA-UKRAINE  
КАНАДСЬКО-УКРАЇНСЬКА ФУНДАЦІЯ



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#### New Employees

#### Thank You!

## A MESSAGE FROM CUF'S PRESIDENT & CEO: OREST SKLIERENKO



### Слава Україні!

The year 2022 has been difficult on so many levels. The full-scale war in Ukraine consumed our minds and our

lives even thousands of miles away from the missile attacks and horrors. It was also a year that saw many re-engage with our Ukrainian Canadian organizations and together, we became even stronger, united and more efficient in helping Ukraine amid the violent, unprovoked, and genocidal attacks.

The XXVII Triennial Congress of Ukrainian Canadians that took place in Winnipeg, October 28-30th saw over 400 delegates attend the event – the largest showing at this important gathering of the Ukrainian Canadian community in recent history. When Ukraine needs us, we are there at a moment's notice ready to do what it takes to help – this is precisely why Canada-Ukraine Foundation (CUF) was founded over 27 years ago.

Helping with the humanitarian catastrophe Ukraine faces today aligns with CUF's founding mission – to coordinate, develop, organize and deliver assistance projects generated by Canadians and directed to Ukraine. In partnership with the Ukrainian Canadian Congress (UCC), CUF launched the Ukraine Humanitarian Appeal in January of this year. **The appeal has raised almost \$50M since January**, and The Ukraine Humanitarian Relief Committee of the Canada-Ukraine Foundation has deployed almost \$25M in sustainable and cost-effective projects which responded to the most urgent humanitarian needs of Ukraine and its people. The ability of the committee to leverage funds in an efficient and flexible manner is why the Ukraine Humanitarian Appeal became a fund of choice across Canada for those seeking to support humanitarian relief efforts in Ukraine.

At the end of August, Martha Rogers generously announced she would match up to \$1 million in donations made to CUF. The two-week matching campaign raised close to \$3 million in total – a tremendous outpouring of support. The Connor, Clark & Lunn Foundation, through two employee matching programs between March and September 2022, raised \$409,000. The Canada-Ukraine Foundation received more than half of the funds raised during this campaign. These are but two examples of the tens of thousands of donations from individuals, families, organizations and businesses across Canada.

Thanks to the generosity and trust of our donors, we were able to deliver and support a multitude of projects in the last 10 months. **Among those - Canada Ukraine Surgical Aid Program (CUSAP), led by Dr. Oleh Antonyshyn.**

After being forced to pause during Covid, CUSAP was re-activated, and they have already completed one surgical mission at the end of September (please read the full story on pg. 4) and the second one in the first week of December. The need is immense, the traumas are horrendous, and the impact of the work of the medical specialists on these missions – irreplaceable. At a newcomer employee luncheon organized by TD, I met one of the patients from a prior surgical mission to Ukraine in 2015/2016 – Oleksandr now works at TD and is truly grateful to Dr. Antonyshyn and the surgical mission for giving him a chance at a normal life.

Once again, these are but a few stories we have encountered over the past year that inspire us to work harder and do more, to continue our critical mission of helping Ukraine and its people as long as there is need.

We know the needs in Ukraine will evolve – from the current emergency aid stage, where projects like winterization are the focus, to more vital projects such as CUSAP, to longer-term support, after Ukraine wins the war, where CUF will be assisting to help Ukrainians rebuild their lives and their society.

**Our work is not over by a long shot, and we will need your continued and steadfast support for the months and years to come.**

It is always darkest before dawn – as we look into the new year, let us hope 2023 will be Ukraine's dawn.

As the volunteer President of CUF, I would like to thank each and every one of our volunteer directors, who worked so tirelessly this year, rallying support in their communities and overseeing the deployment of so much humanitarian aid. I would like to extend my sincere congratulations to three in particular – Victor Hetmanczuk, Oksana Kuzyshyn and Katrusia Smolynec, on being recognized at the UCC Triennial Congress for their leadership and dedication to the Ukrainian Canadian community and Ukraine. Thank you also, to our medical advisory committee for their knowledge and expertise, to the dozens of volunteers, and to our office staff for ensuring the operations run smoothly. Congratulations to Julia Stech, our Executive Coordinator, and her family on welcoming their baby boy! And lastly, I would like to welcome Marie Nazar, Maria Kolos and Anastasiya Ringis to CUF's office team!

I am grateful to be surrounded by such a devoted team of professionals who hold Ukraine dear in their hearts. To family and friends who have supported me through long stretches of absence – physical, mental and emotional – I thank you for your patience and your love. No words

will ever capture the magnitude of my gratitude and appreciation.

Let the New Year bring peace to our beloved Ukraine and into our lives! God's blessings to you and your loved ones during this Christmas season!

With gratitude and wishes of peace, kindness, love and health,

Orest Sklierenko, President & CEO, CUF



## Reports

# The Ukraine Humanitarian Relief Committee (UHRC)

A joint committee of the Canada-Ukraine Foundation and the Ukrainian Canadian Congress

**Report by Victor Hetmanczuk, Chair of the Committee**

This year, more than ever, we are grateful to those who founded Canada-Ukraine Foundation in 1995, and to all those who have built its strong foundation, nurtured the relations both, here, in Canada, and in Ukraine, and kept the organization effective and efficient, so that when Russia invaded Ukraine on February 24th – we were there within a few days with the first tranche of humanitarian aid. Ukraine Humanitarian Appeal became the fund of choice to all across Canada, who wanted to support the humanitarian relief efforts in Ukraine.

To date, we have raised \$49 million, disbursed \$22.9 million and committed \$5 million to winterization. For the next four months, December 2022 – March 2023, the following are the active programs of the Ukraine Humanitarian Relief Committee – partnership of Canada-Ukraine Foundation and Ukrainian Canadian Congress:

**1. Food Security** - 140,000 food boxes at 14 kg each, will feed 350,000 people. Distribution will focus on recently liberated regions.

**2. Medicine & Medical Supplies** - 27,000 kg of medicines and medical supplies will be delivered to 78 hospitals in Northern and Eastern oblasts.

**3. Surgical Missions** - Canada Ukraine Surgical Aid Program (CUSAP) will have its second mission in Poland before the year end to provide the surgical care to war casualties that could not be helped in Ukraine.

**4. Winterization:**

- Care for the elderly - HelpAge Canada will provide all the necessary assistance to 2,300 seniors in 23 villages in Ukraine.
- Women's shelter support - will winterize and provide food support to Misto Dobra (City of Goodness) – women's shelter in Chernivtsi.
- Emergency shelter support - Building and distributing 1,200 beds and mattresses to Internally Displaced Persons (IDPs).
- SOS Children's Villages Canada will provide food security, temporary shelter, non-food items and mental health support for 500 IDPs.
- Heat - Building and installing 2,000 wood burning stoves.
- Light - Purchased 50 mobile generators with light masts for the Ministry of Energy for repair work.

**5. Civil Demining** - Delivery of 3 Humanitarian Demining robots to Ukraine's Ministry of Emergency Services.

**6. Firefighting Gear** - 1,000 new sets of firefighting gear delivered to Ukraine's Ministry of Emergency Services.

**7. Ambulances** - Purchased 11 Toyota ambulances for Ukraine's Ministry of Health.

**8. Prosthetics Support** - Purchased two infrared ovens to assist in local prosthetics manufacturing.

**9. Implants - Started ASSIST** (Advanced Surgical Skills & Implants for Skeletal Trauma) – establishment of partnership between Canadian and Ukrainian surgeons to advance the management of challenging orthopaedic war traumas through long-term supply of high-quality intramedullary nails, fluoroscopy machines, training and follow-up.

**10. Wound Treatment** - Purchased 20 Vacuum-Assisted Closure (VAC) machines for wound infection treatment in hospitals in Western Ukraine.

**11. First Aid Kits** - 11,000 chest seals added to 11,000 First Aid kits to upgrade them for trauma.

**12. Dzherelo Rehabilitation Centre in Lviv** - provided funding for the support of the IDP families with handicapped children.

**13. Mental Health Support:**

- Hope WorldWide Canada started a training program for 240 psychologists and social workers to provide psychological help to 9,900 IDP children. This is a two year program.
- Open Doors is upgrading the professional skills of 160 psychologists to North American standards in Kyiv over a two-year program. As they train, they will support 5000 clients.
- Deaf People Program - funding support programs for people with hearing disability in Ukraine to handle wartime psychosocial issues

**14. IDP Support** - Began a social entrepreneurship program in Ukraine.



Help  
Ukraine  
Now



A lot of humanitarian aid has already been deployed and much more is in the works – we will not rest until our brothers and sisters in Ukraine once again lead their lives in a peaceful country, we care for deeply. We rely on your continued support to enable us to carry on our crucial work.



# Canada Ukraine Surgical Aid Program (CUSAP)

## A Ukraine Humanitarian Relief Committee project

Report by Julia Malaniy, Program Manager at Sunnybrook Health Sciences Centre

From September 5-20th, 2022 a team of 30 Canadian medical professionals travelled to Czeladź, Poland to treat Ukraine's victims of war.

The team consisted of professionals in:

- Medicine
- Anaesthesia
- Pharmacy
- Nursing
- Procurement/Equipment manager
- Administration

CUSAP is well sustained by volunteers, supporters and donors. Over \$1.5 million dollars of equipment and supplies was donated by major companies. Volunteers provided warehouses, physical and monetary support allowing the team to transport over 14 tons of medical supplies and equipment.

Logistics planning and arrangements involved multiple levels, which included both Ministry of Health in Poland and Ukraine. Licensing, patient documentations and arrangements of transportation were a major focus to ensure the process ran effectively and efficiently.

The Canadian team completed numerous virtual patient assessments and an initial outpatient preoperative clinic, together assessing 45 patients. Patients arrived to Poland in ambulances and were admitted and assessed by both the Canadian and Polish teams. Patients underwent multidisciplinary assessments and preoperative anesthesia evaluations; surgical plans were developed and operating room bookings were completed.

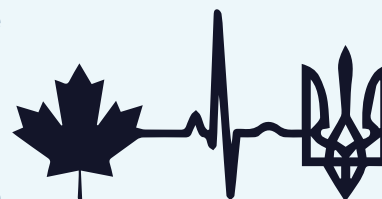
During 5 days of surgeries, over 40 extremely complex procedures were performed. The surgeries focused on

The primary goal of the mission was to provide complex reconstructive surgical care to victims of Russia's invasion of Ukraine.

The goals of this exploratory mission was to:

- organize and fully equip an expert multidisciplinary Canadian volunteer surgical team
- identify a suitable host hospital, and establish the required professional collaborations, processes and protocols
- develop and implement a method for patient referral, virtual triage, safe transport and repatriation

ablative defects and deformities of the face, craniofacial skeleton, upper and lower extremities. Etiology varied, including military and civilians, but all were war casualties.



The patients were monitored postoperatively, and provided care by the Canadian ward team consisting of highly qualified physicians and nurses. The team continued to receive daily updates on progress and recovery post-mission, and also provided necessary advice and guidance to leading (Ukrainian) physicians on care for these patients.

The stories shared by the patients left a mark on the whole team. From a young soldier who was the only survivor after an attack on his brigade, to the woman who lost her home and nearly her life when a missile hit her village on a bright summer day. The war continues and innocent lives are affected and lost every day. There are many more stories like these and so many more people in need of our help. In the first week of December, the team completed their second mission, and they are already planning the third.

Help support the casualties of this war by donating to CUSAP via Canada-Ukraine Foundation.



Canada Ukraine  
Surgical Aid Program



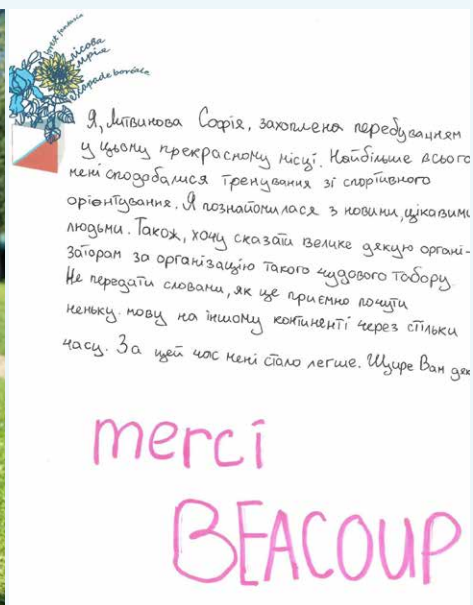
## Summer Camps

### Settlement Committee: Summer Camps for Displaced Children

Canada has welcomed over 100,000 Ukrainians to date, mostly women with children, who were displaced from their homeland due to the bombings, loss and destruction. They came, often with nothing, and are trying to start over, while their hearts ache for their home, their loved ones, relatives and friends left behind. Taking the first steps - finding accommodation, a new job, registering kids at school, learning the language in a foreign country is never easy, taking those steps as a single parent - is another level of hardship. This past summer, The Ukraine Humanitarian Relief Committee (UHRC) has spent \$675,000 to sponsor more than 1,200 displaced children to attend summer camps run by Ukrainian Canadian organizations. In total, 36 Ukrainian-Canadian summer camps from across Canada applied for this program: 4 in BC, 12 in Alberta, 5 in Saskatchewan, 4 in Manitoba, 6 in Ontario and 5 in Quebec.

Camp Bar-V-Nok in Mulhurst, Alberta, UCC camps in Saskatoon and North Battleford, Tryzub Ukrainian Dance Society in Calgary and Forest Fantasia in Quebec, just to name a few. They provided an amazing environment and a great opportunity for the Ukrainian children to meet and get to know their peers, spend their days outside, playing games, sports, creating art, dancing, singing, learning English and most importantly, getting a chance to be kids again. Camps received very positive feedback from the campers and their parents, and many would like to see the camps continue in future years.

UHR Committee has received many thanks from the camps organizers for sponsoring displaced children from Ukraine fleeing war. "Never in our wildest dreams did we think these camps would have such a profound effect on those who attended, and participated as instructors and volunteers. It was very emotional for everyone involved", wrote John Stadnyk, Chair of the Board of Directors at Tryzub Ukrainian Dance Society.



## Education Committee

**Report by Bohdan Kolos – Chair of the Committee**

The Education Committee has met several times via Zoom and has reviewed different applications for project funding. The war in Ukraine has made it difficult to make final decisions. We have, however, been gathering information and considering projects in Canada for displaced Ukrainian students and scholars, which are pending.

Centralized heating is being turned on in Ukraine where possible, although electricity rationing continues. The Canadian Consulate in Lviv indicates that all schools in Lviv and most in western regions are open, teaching, and welcoming IDP children in almost every classroom. All young children (up to grade 5) are in school, and all older students alternate between online and in-class learning. In-class learning approaches were reported according to "Ukrainska Pravda".

Complete in-school education is mainly found in the following oblasts: Lviv, Zakarpattia, Ivano-Frankivsk and Kyiv. According to the same media reports, the Minister of Education is quoted as saying that 68.4% of fully open schools have bomb shelters for students, teachers, and education workers, giving them a safe learning environment.

Other reports from the United Nations Office for the Coordination of Humanitarian Affairs state that "an average of four preschools a day have been damaged or destroyed in the war in Ukraine, putting children's early development in jeopardy as the new school year begins", according to the organization Save the Children. <https://reliefweb.int/report/ukraine/four-preschools-day-damaged-or-destroyed-ukraine>

Universities in Ukraine are working with the full range of educational approaches, from in-class to online learning to being shut down completely.

The CUF Education Committee has approved a proposal for a graduate student to evaluate a cross-section of Canadian universities and their approaches to helping refugee students and scholars. The approach universities are taking seems to vary across Canada as it does across Europe.

The Former Minister of Education and Science in Ukraine, Anna Novosad, said in an interview, "We need to tell the international community about what is happening in Ukraine in the education system. Although everyone sees this terrible footage, few understand how Russia is purposefully destroying our education."

This is not a coincidence," she explained. "The Russians are implementing their totalitarian system of education in the occupied territories from the very first day of their invasion."



"Having paid such a price, we cannot rebuild Education in the fashion of the old Soviet system."

<https://life.pravda.com.ua/society/2022/09/26/250602/>

## Dzherelo Rehabilitation Centre in Lviv

**Canada-Ukraine Foundation project**  
**Story by Bohdan Kolos**

"We cannot close our doors for winter or ignore the needs of the families we serve. We must continue the work we do with children and youth with special needs, some of whom are displaced from other regions of Ukraine," said Zoreslava Liulchak, Director of Dzherelo Children's Rehabilitation Centre in Lviv. "We look to CUF and our Druzi (friends) in Canada to help with some of our financial needs."

Druzi Dzherela, or Friends of Dzherelo, is a relatively small group of enthusiastic volunteers that, with the help of the Canada-Ukraine Foundation, come through in raising funds for programs, equipment, food, and supplies for this Rehabilitation Centre.

Druzi Dzherela are a dedicated group. At this time of enormous trials for the people of Ukraine, they know the upcoming winter will be harsh without heat and light for many children. Therefore, Druzi decided to bring some warmth to the homes and families in greatest need by providing them with electric heaters, thermal bedding, and warm clothing.





To raise funds for this worthwhile project, Druzi organized a charity event early in November, "Poppies for Dzherelo" paint night at St. Demetrius Catholic Church in Toronto. The evening program provided guests with the unique opportunity to paint under the guidance of local artist Maria Antoniv and her student helpers, to participate in a silent auction of art and one-of-a-kind gifts and learn about the successes and needs of Dzherelo.

The event in the church hall also included the sale of crafts created by the youth of Dzherelo in their workshop programs.

The driving forces behind this fundraiser were Daria Sharanewych and Zenia Kushpeta. However, only a little could have been accomplished without the growing group of volunteers who organized the auction, canvassed donors, sold tickets, prepared the hall, provided music, and toiled in the kitchen to prepare tasty refreshments. Darka and Zenia encouraged all participants to open their hearts to the needs of Dzherelo and be generous with their purchases, bids, and donations.

The President of the Canada-Ukraine Foundation, Orest Sklierenko, testified that it was a lovely event. "I



was delighted to participate in the periphery, observing the incredible energy, volunteerism, and dedication on display. This fundraising event brought together the heart and soul of our community, which is the energy source, making events such as this a successful one."

The event brought together over a hundred painters who spent a warm and wonderful social evening raising over \$20,000 to help Dzherelo's families face the winter months.



Kids at "Dzherelo" centre in Lviv received cards from the kids in Toronto

# Holodomor National Awareness Tour

Report by Roma Dzerowicz

The Holodomor National Awareness Tour (HNAT) has been going non-stop since this summer visiting communities and schools throughout Ontario, as well as fulfilling special invitations in Quebec and Manitoba.

At community events, interest in the Holodomor was abundant and several of these community engagements resulted in several school bookings. Of interest was our visit to Kingsville and Leamington where there is a large Mennonite community. The stories shared by these descendants solidified the importance of the Holodomor National Awareness Tour's work in teaching others what happened during Stalin's first five-year industrialization plan which resulted in the Holodomor and the need to work with all who were affected by it. Together our voices are stronger in teaching Canadians about the effects of a totalitarian regime and the need to uphold Canada's values of civility, tolerance, dignity, and human rights.

HNAT's special invitations were to attend the 22nd Montreal Ukrainian Festival and the XXVII Triennial Congress of the Ukrainian Canadian Congress. In both events, the weather was warm and sunny which allowed for very good attendance.

School visitations are now in full swing in Ontario; booking requests not only from within the province but from across Canada are continuously coming in. Because

our current partnership is with the Province of Ontario which ends in December, schools and community events from other provinces have been turned away because of the lack of national funding. Many Ontario school visits have also been declined due to a full schedule. During these last four months, we have attended 21 community events engaging 1,750 persons and given 49 lessons to 1,048 students and educators at 13 schools in Ontario.

In the last quarter of 2022, the Holodomor National Awareness Tour visited remote areas, Rainy River and Atikokan, engaging both students and the community. It was heartwarming to discover that the Atikokan Economic Development Corporation brought in 17 Ukrainians displaced by the war and is providing them with jobs and housing. A big thank you to this small community with a big heart.

The Canada-Ukraine Foundation gratefully acknowledges the financial support of the Province of Ontario to educate students and the public about the effects and consequences of hate, bullying, discrimination, and intolerance through the lens of the Holodomor genocide, and to uphold the values of freedom and democracy to ensure the continuation these fundamentals in our society for generations to come.





## Triennial

### XXVII Triennial Congress of Ukrainian Canadians

XXVII Triennial Congress of Ukrainian Canadians took place in Winnipeg, MB, October 28 - 30 of 2022. The three days were filled to the brim with compelling plenaries, engaging workshops, interesting keynote speakers, comprehensive reports on the work of member organizations of Ukrainian Canadian Congress (UCC), meaningful discussions and resolutions that set the priorities for UCC for the next three years.

Canada-Ukraine Foundation (CUF), as one of the UCC member organizations, was represented at the Triennial by its President/CEO, Orest Sklierenko, COO, Major (retired) Oksana Kuzyshyn, Chair of the Ukraine Humanitarian Relief Committee, Victor Hetmanczuk, and several Directors from across Canada that serve on its Board.



On Friday, October 28th, CUF presented its report to more than 400 delegates and guests from across Canada, talking about its history, projects prior to the major invasion, and the humanitarian relief work since.

Victor Hetmanczuk discussed in detail the emergency response CUF has provided in Ukraine since February 24th, such as delivery of food boxes, medicine and medical equipment across Ukraine, the re-initiation of Surgical Missions (CUSAP) in Poland, shipment of civil demining robots and firefighter equipment to the Ukraine's Ministry of Emergency Response, and support for mental health programs for children and adults. He has also talked about the winterization projects in Ukraine that are in the works as the harsh winter is looming.

Orest Sklierenko touched on the short-, mid- and long-term goals as the humanitarian aid CUF provides in Ukraine will continue to evolve in response to the changing needs on the ground, and reaffirmed Foundation's mission of providing help to our brothers and sisters in Ukraine for as long as there is need.

Many distinguished guests were welcomed at the Triennial, including:

- Right Honourable Justin Trudeau, Prime Minister of Canada;
- Honourable Chrystia Freeland, Deputy Prime Minister;
- Honourable Anita Anand, Minister of National Defence;
- Honourable Harjit Sajjan, Minister of International Development;
- James Bezan, MP, Selkirk Interlake Eastman, spoke on behalf of the Leader of the Opposition the Honourable Pierre Poilievre;
- The Honourable Heather Stefanson, Premier of Manitoba;
- Scott Gillingham, Mayor-elect of Winnipeg;
- Her Excellency Larisa Galadza, Ambassador of Canada to Ukraine;
- First Lady of Ukraine Olena Zelenska;
- Minister of Defence Oleksiy Reznikov;
- Minister of Foreign Affairs Dmytro Kuleba;
- Her Excellency Yuliya Kovaliv, Ambassador of Ukraine to Canada.

The Government of Canada reaffirmed their full support for Ukraine's fight against the Russian invasion and announced:

- New sanctions against Russia;
- Will sell a 5-year Sovereignty Bond to raise money for Ukraine;
- Will continue supporting Ukraine with military and defence equipment.

This was also the time to recognize and honour the recipients of the Shevchenko Medal, the UCC National Leadership Award and the UCC National Youth Leadership Award.

CUF's own Victor Hetmanczuk received the Shevchenko Medal for Community Development, and Oksana Kuzyshyn and Katrusia Smolynec received UCC Leadership Awards - we could not be prouder of and express sincere gratitude for their dedication! These awards are the testament to their selfless devotion to our Ukrainian Canadian community!



## CUF Welcomes New Employees

**The Canada-Ukraine Foundation is excited to see these amazing individuals join our team and look forward to their contributions to the work of the Foundation.**



**Anastasiya Ringis** has joined the CUF's team as Communications Manager. Her responsibilities will include strategic and systematic coverage of key Canada Ukraine Foundation projects in order to communicate the results of the efforts of our team, stakeholders and our donors.

Anastasiya came to Canada due to the Russian invasion with her two daughters. She worked as a journalist and editor at "Ukrainska Pravda" and as TV-presenter in Suspilne TV. where she had a TV-show "Plan for Tomorrow" about the process of Ukrainian reforms.

For the past three years she has run her own communications agency, Media Therapy, and worked with companies such as Interproject GmbH, Ecosoft, The Ocean Shipyard and other business and government organizations. At the beginning of war, she worked as a liaison

to the Head of Mission for Doctors Without Borders and established working relations with the different levels of the Ukrainian government.

She holds a degree in Journalism from the Saint Petersburg State University (2004) with emphasis on research and analysis of social trends and public policy. Furthermore, she has completed the Strategic Business Architecture Program at the Kyiv-Mohyla Business School and successfully completed the Program «Good governance», Aspen Institute in 2020.



**Marie Nazar** has recently joined the Canada-Ukraine Foundation and will fulfill administrative support functions. She has more than 30 years of experience in public and corporate messaging, project and event management, and media and stakeholder relations.

Most recently, Marie was the Project Activities Coordinator for the Canada-Ukraine Trade & Investment Support project (2016-2020). Her accomplishments include the launch and media campaigns for PATTISON Outdoor's Art in Transit, Canadian Film Centre's (CFC) Northern Dancer Pavilion ground-breaking event, and benchmark performances as Corporate Communications Manager supporting Toronto International Film Festival (TIFF). Previously, Marie executed national communications campaigns for TD Asset Management's Women In The Know financial-literacy forums and book launches.

Marie has a Bachelor of Arts, Political Science, York University; Marketing Diploma, Ryerson University; TESL Ontario Diploma and TESL Canada Diploma. She has completed selected courses toward History of Art Specialist, University of Toronto and served as the Chair and Co-Chair, Education Sub-Committee-Hart House Art Committee, Permanent Collection, Justina Barnicke Gallery. Currently she is the Secretary, Ukrainian Canadian Art Foundation-KUMF Gallery.



**Maria Kolos** is a new addition to our team at the Canada Ukraine Foundation and will be providing administrative support to help us smoothly expedite our objectives. She earned her Bachelor of Arts degree from the University of Toronto and acquired a Masters Certificate in Project Management from the Schulich School of Business. Focusing on the IT and financial industries, she developed her expertise in simplifying processes and successfully attaining time-sensitive goals.

Driven by her passion to help Ukrainian youth realize their potential, she has worked with young people for many years as a volunteer in various capacities. She developed programs and planned, organized, and directed various activities as well as designed workshops to educate counselors on how to best understand the needs of children and how to deliver content.

Having a strong Ukrainian and Canadian heritage, Maria sees the extraordinary need and role for CUF and is excited to apply her skills and expertise to help our team succeed.



## Help Us Help - Bundle Up Ukraine

**Help Us Help has raised over \$300,000 CDN through the Bundle Up Ukraine fundraiser.**

On November 17, Help Us Help Charity, a Canada-Ukraine Foundation member organization, hosted a fundraiser in support of Bundle Up Ukraine. This HelpUsHelp initiative raised over \$300,000 CDN in support of providing new sleeping bags to help keep the brave men, women and children in Eastern Ukraine warm this winter. In partnership with this program, the Canada-Ukraine Foundation will provide 2,500 food kits along with the aforementioned sleeping bags for the victims of the war in Ukraine who have been left without electricity, heat, and access to basic needs. Sleeping bags and food boxes will be distributed by our trusted partners on the ground.



## Fundraising for CUF Across Canada



L-R: Orest Sklierenko, President and CEO of CUF, Major (Retired) Oksana Kuzyshyn, Chief Operating Officer at CUF, and Doug Ettinger, President and CEO of Canada Post. Photo: Denis Drever.



Fundraising Concert in Montreal



Cheque donation from Emilia & Mattea Shklar



Fundraising Concert in Kingston at Queen's University



*Warmest wishes for a joyous  
Christmas and a happy New Year  
filled with peace, love, and kindness!*

*З Різдом Христовим! Миру,  
добра, здоров'я та злагоди в  
Новому Році!*

## Thank you for your support!

Ukraine Humanitarian Appeal has been and will continue to be the focus of our work at Canada-Ukraine Foundation.

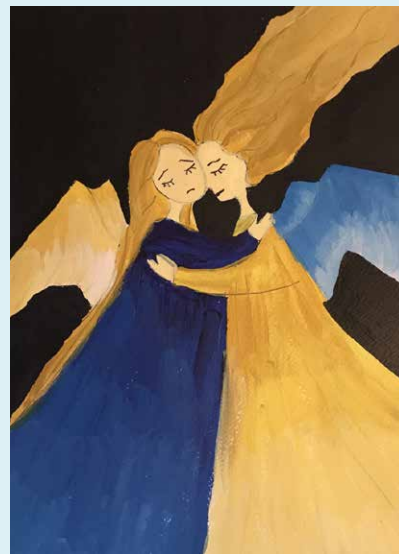
Your donation ensures our programs and committees receive the funding they need to provide life-changing aid to Ukraine, especially during these troubled times.

Please consider continuing your support of our critical mission of helping Ukrainians in Ukraine and here, in Canada.

Canadian donations are eligible for tax receipts.

**Donate today at: [cufoundation.ca](https://cufoundation.ca)**

Charity Registration number: 898992151RR000.



Help  
Ukraine  
Now



Help  
Displaced  
Ukrainians  
in Canada



Canada  
Ukraine  
Surgical Aid  
Program

